





























ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Whole Fruit														
Wholemeal Loaf SEC		✓ Wheat												
YOGHURT							✓							
Whole Fruit														
Wholemeal Loaf SEC		✓ Wheat												
YOGHURT							✓							

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JACKET WITH BAKED BEANS SECONDARY														
JACKET POTATO WITH CHEESE SECONDARY							✓							
Tuna Mayonnaise Jacket Potato SEC				✓	✓									
JACKET WITH BOLOGNESE SECONDARY														
JACKET POTATO WITH SALMON SEC				✓	✓									
JACKET WITH BAKED BEANS SECONDARY														
JACKET POTATO WITH CHEESE SECONDARY							✓							
Tuna Mayonnaise Jacket Potato SEC				✓	✓									
JACKET WITH BOLOGNESE SECONDARY														
JACKET POTATO WITH SALMON SEC				✓	✓									

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PC Steak Pasty SEC		✓ Wheat					✓							
Cheese & Onion Pasty		✓ Wheat					✓							
VEGAN SAUSAGE ROLL SEC		✓ Wheat												✓
PC Steak Pasty SEC		✓ Wheat					✓							
Cheese & Onion Pasty		✓ Wheat					✓							
VEGAN SAUSAGE ROLL SEC		✓ Wheat												✓

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Sweet and Sour Chicken SEC		✓ Wheat											✓	
Vegetable Chow Mein SEC		✓ Wheat											✓	
RICE 1/2 WHOLEGRAIN SEC														
Sweet Chilli Broccoli SEC														
Beef Burger SEC		✓ Wheat							✓			MC		
Feta & Beetroot Burger SEC		✓ Wheat		✓			✓					MC		
Roast Turkey Yorkshire Pudding Wrap Sec	MC	✓ Barley ✓ Wheat		✓			✓		MC				MC	
LIGHTLY SPICED SWEETCORN WITH LIME SEC														
Thai Green Vegetable Curry Sec													✓	
Thai Red Chicken Curry														
Creamy Vegetable Pie Cheesy Shortcrust Topper Sec		✓ Wheat					✓							
Honey Roast Gammon Yorkshire Pudding Wrap Sec	MC	✓ Barley ✓ Wheat		✓			✓		MC				MC	
Chipotle Wedges Half Portion SEC														
Mexican Veggie Burrito Sec	✓	✓ Wheat					✓						✓	
Pulled Beef Burrito Sec		✓ Wheat					✓							
Corn Slaw				✓										
FAJITA WEDGES HALF PORTION SEC														

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AMARILLO SAUCE SEC														
LIME AND CORIANDER SAUCE SEC														
Blackeyed Bean Veggie Burger SEC		✓ Wheat										MC		
Cajun Chicken Pitta SEC	✓	✓ Rye ✓ Wheat		✓					✓					
Cajun Chicken Sandwich SEC	✓	✓ Wheat		✓					✓			MC		
Sweet Potato & Chickpea Roast		✓ Wheat												
Roast Pork Yorkshire Pudding Wrap Sec	MC	✓ Barley ✓ Wheat		✓			✓		MC				MC	
Roast Pork Loin - 'Sauce and Stuffing' SEC		✓ Wheat												
Garlic and Herb Bread SEC		✓ Wheat												
VEGEBALL MARINARA IN A SOFT ROLL SEC		✓ Wheat											✓	
Traditional Beef Lasagne SEC		✓ Wheat					✓							
SWEETCORN SEC														
MAC TOPPER - CRISPY CAULIFLOWER SEC		MC Barley ✓ Wheat											✓	
MAC TOPPER - CAJUN PULLED PORK SEC	✓													
MAC TOPPER - BBQ PULLED CHICKEN SEC														
MAC AND CHEESE POT SEC		✓ Wheat					✓							

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Peas SEC														
BAKED BEANS SEC														
CHIPS SEC														
LOADED FRIES - PIZZA SAUCE MOZZARELLA & SPRING ONIONS SEC							✓							
LOADED FRIES - VEGGIE CHILLI														
LOADED FRIES - CHEESE & BEANS SEC							✓							
SOUTHERN FRIED CHICKEN GOUJON SEC	✓	✓ Wheat												
Home Made Battered Fish Fillet SEC		✓ Wheat			✓									✓
SALAD SWEETCORN SEC														
Yellow Vegetable Curry Sec									✓					
Chicken Korma							✓		✓					
Cabbage SEC														
Carrots SEC														
ROAST POTATOES SEC														
Gravy	MC	✓ Barley ✓ Wheat		MC			MC		MC				MC	
Vegetable Pastry Slice SEC		✓ Wheat					✓							
GARLIC & HERB WEDGES HALF PORTION SEC														
Coleslaw SEC				✓										

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Roast Turkey Breast SEC	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

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Pasta Beef Bolognese FFL		✓ Wheat												
HERBY TOMATO PASTA SEC FFL		✓ Wheat					✓							
Pasta Carbonara		✓ Wheat					✓							
TRATTORIA 14 MARGHERITA STONE BAKE PIZZA		✓ Wheat		MC			✓							
Arrabiata Pasta SEC FFL		✓ Wheat					✓							
ITALIAN CHICKEN PASTA SEC FFL		✓ Wheat					✓							
BBQ CHICKEN PASTA SEC		✓ Wheat												
Trattoria Cajun Chicken Sizzler Pizza SEC	✓	✓ Barley ✓ Wheat		MC			✓							
TRATTORIA HAWAIIAN STONE BAKED PIZZA SEC		✓ Wheat		MC			✓							
TRATTORIA 14 BACON STONE BAKED PIZZA		✓ Wheat		MC			✓							
TRATTORIA VEGGIE HOT ONE SBAKE PIZZA SEC		✓ Wheat		MC			✓							
Vegan Traattoria Margherita Pizza SEC		✓ Wheat		MC			MC							
GARLIC & HERB WEDGES HALF PORTION SEC														
Coleslaw SEC				✓										
MIXED SALAD SEC														
DOUGH BALLS SEC		✓ Wheat												
Pasta Carbonara		✓ Wheat					✓							

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TRATTORIA 14 MARGHERITA STONE BAKE PIZZA		✓ Wheat		MC			✓							
Arrabiata Pasta SEC FFL		✓ Wheat					✓							
ITALIAN CHICKEN PASTA SEC FFL		✓ Wheat					✓							
BBQ CHICKEN PASTA SEC		✓ Wheat												
Trattoria Cajun Chicken Sizzler Pizza SEC	✓	✓ Barley ✓ Wheat		MC			✓							
TRATTORIA HAWAIIAN STONE BAKED PIZZA SEC		✓ Wheat		MC			✓							
TRATTORIA 14 BACON STONE BAKED PIZZA		✓ Wheat		MC			✓							
TRATTORIA VEGGIE HOT ONE SBAKE PIZZA SEC		✓ Wheat		MC			✓							
Vegan Traattoria Margherita Pizza SEC		✓ Wheat		MC			MC							
GARLIC & HERB WEDGES HALF PORTION SEC														
Coleslaw SEC				✓										
MIXED SALAD SEC														
DOUGH BALLS SEC		✓ Wheat												

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DOUGH BALLS SEC		✓ Wheat												
Chop Chop Salad														

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CHEESE SANDWICH ON WHITE		MC Barley ✓ Wheat					✓						✓	
HAM SANDWICH ON WHITE		MC Barley ✓ Wheat					✓						✓	
CHICKEN AND BACON SANDWICH WHITE SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	✓	
BLT SANDWICH ON WHITE		MC Barley ✓ Wheat		✓			✓						✓	
CHEESE PLOUGHMANS SANDWICH WHITE SEC		✓ Barley ✓ Wheat		✓			✓						✓	✓
EGG MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓			✓						✓	
CHICKEN MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓	MC		✓					MC	✓	
TUNA MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓	✓		✓						✓	✓
Veagn Cheese Sandwich White SEC		MC Barley ✓ Wheat											✓	
VEGEBALL MARINARA SUB ROLL SEC	✓	✓ Wheat												
Chicken Teryaki Sub SEC		✓ Wheat		MC	MC		MC					MC	✓	

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Chicken Tikka Sub		✓ Wheat		MC	MC		✓					MC	MC	
Ham and Chicken Melt Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Ham and Cheese Panini SEC		✓ Wheat					✓						✓	
HAM AND CHEESE TOASTIE ON WHITE SEC		MC Barley ✓ Wheat					✓						✓	
BBQ CHICKEN PANINI SEC		✓ Wheat		MC	MC		✓					MC	✓	
CHEESE AND TOMATO SAUCE PANINI SEC		✓ Wheat					✓						✓	
CHICKEN AND BACON TOASTIE SEC		MC Barley ✓ Wheat		MC	MC		✓					MC	✓	
Cheese & Bean Toastie		MC Barley ✓ Wheat					✓						✓	
Tuna and Cheese Melt Panini SEC		✓ Wheat			✓		✓						✓	
Chicken Teriyaki Panini Sec		✓ Wheat		MC	MC		✓					MC	✓	
Vegan Cheese and Toamto Sauce Panini SEC		✓ Wheat											✓	
Vegan Cheese and Bean Toastie Sec		MC Barley ✓ Wheat											✓	
HAM SALAD BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓			✓					MC		
BLT BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓			✓					MC		

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Chicken Mayo Baguette SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	MC	
CHEESE AND PICKLE BAGUETTE ON WHITE		✓ Barley ✓ Wheat					✓					MC		✓
TUNA AND CUCUMBER BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓	✓		✓					MC		✓
Vegan Cheese and Pickle Baguette SEC		✓ Barley ✓ Wheat										MC		✓
Half Portion Vegeball Marinara Sub Roll SEC	✓	✓ Wheat												
Half Portion Chicken Teriyaki Sub SEC		✓ Wheat		MC	MC		MC					MC	✓	
Half Portion Chicken Tikka Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Half Portion Ham and Chicken Melt Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Half Portion Ham and Cheese Panini SEC		✓ Wheat					✓						✓	
Half Portion Ham and Cheese Toastie SEC		MC Barley ✓ Wheat					✓						✓	
Half Portion BBQ Chicken Panini SEC		✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Cheese and Tomato Sauce Panini SEC		✓ Wheat					✓						✓	

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Half Portion Chicken And Bacon Toastie SEC		MC Barley ✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Cheese and Bean Toastie Sec		MC Barley ✓ Wheat					✓						✓	
Half Portion Tuna and Cheese Melt Panini SEC		✓ Wheat			✓		✓						✓	
Half Portion Chicken Teriyaki Panini Sec		✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Vegan Cheese and Toamto Sauce Panini SEC		✓ Wheat											✓	
Half Portion Vegan Cheese and Bean Toastie Sec		MC Barley ✓ Wheat											✓	
Half Ham Salad Baguette White SEC		MC Barley ✓ Wheat		✓			✓					MC		
Half BLT Baguette White SEC		MC Barley ✓ Wheat		✓			✓					MC		
Half Chicken Mayo Baguette White SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	MC	
Half Cheese and Pickle Baguette White SEC		✓ Barley ✓ Wheat					✓					MC		✓
Half Tuna and Cucumber Baguette SEC		MC Barley ✓ Wheat		✓	✓		✓					MC		✓

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Half Vegan Cheese and Pickle Baguette SEC		✓ Barley ✓ Wheat										MC		✓
MIXED SALAD SEC														
GARLIC BREAD HALF PORTION SEC		✓ Wheat												
CHEESE SANDWICH ON WHITE		MC Barley ✓ Wheat					✓						✓	
HAM SANDWICH ON WHITE		MC Barley ✓ Wheat					✓						✓	
CHICKEN AND BACON SANDWICH WHITE SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	✓	
BLT SANDWICH ON WHITE		MC Barley ✓ Wheat		✓			✓						✓	
CHEESE PLOUGHMANS SANDWICH WHITE SEC		✓ Barley ✓ Wheat		✓			✓						✓	✓
EGG MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓			✓						✓	
CHICKEN MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓	MC		✓					MC	✓	
TUNA MAYONNAISE SANDWICH ON WHITE		MC Barley ✓ Wheat		✓	✓		✓						✓	✓

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Veagn Cheese Sandwich White SEC		MC Barley ✓ Wheat											✓	
VEGEBALL MARINARA SUB ROLL SEC	✓	✓ Wheat												
Chicken Teryaki Sub SEC		✓ Wheat		MC	MC		MC					MC	✓	
Chicken Tikka Sub		✓ Wheat		MC	MC		✓					MC	MC	
Ham and Chicken Melt Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Ham and Cheese Panini SEC		✓ Wheat					✓						✓	
HAM AND CHEESE TOASTIE ON WHITE SEC		MC Barley ✓ Wheat					✓						✓	
BBQ CHICKEN PANINI SEC		✓ Wheat		MC	MC		✓					MC	✓	
CHEESE AND TOMATO SAUCE PANINI SEC		✓ Wheat					✓						✓	
CHICKEN AND BACON TOASTIE SEC		MC Barley ✓ Wheat		MC	MC		✓					MC	✓	
Cheese & Bean Toastie		MC Barley ✓ Wheat					✓						✓	
Tuna and Cheese Melt Panini SEC		✓ Wheat			✓		✓						✓	
Chicken Teriyaki Panini Sec		✓ Wheat		MC	MC		✓					MC	✓	
Vegan Cheese and Toamto Sauce Panini SEC		✓ Wheat											✓	

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Vegan Cheese and Bean Toastie Sec		MC Barley ✓ Wheat											✓	
HAM SALAD BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓			✓					MC		
BLT BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓			✓					MC		
Chicken Mayo Baguette SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	MC	
CHEESE AND PICKLE BAGUETTE ON WHITE		✓ Barley ✓ Wheat					✓					MC		✓
TUNA AND CUCUMBER BAGUETTE ON WHITE		MC Barley ✓ Wheat		✓	✓		✓					MC		✓
Vegan Cheese and Pickle Baguette SEC		✓ Barley ✓ Wheat										MC		✓
Half Portion Vegeball Marinara Sub Roll SEC	✓	✓ Wheat												
Half Portion Chicken Teriyaki Sub SEC		✓ Wheat		MC	MC		MC					MC	✓	
Half Portion Chicken Tikka Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Half Portion Ham and Chicken Melt Sub SEC		✓ Wheat		MC	MC		✓					MC	MC	
Half Portion Ham and Cheese Panini SEC		✓ Wheat					✓						✓	

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Half Portion Ham and Cheese Toastie SEC		MC Barley ✓ Wheat					✓						✓	
Half Portion BBQ Chicken Panini SEC		✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Cheese and Tomato Sauce Panini SEC		✓ Wheat					✓						✓	
Half Portion Chicken And Bacon Toastie SEC		MC Barley ✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Cheese and Bean Toastie Sec		MC Barley ✓ Wheat					✓						✓	
Half Portion Tuna and Cheese Melt Panini SEC		✓ Wheat			✓		✓						✓	
Half Portion Chicken Teriyaki Panini Sec		✓ Wheat		MC	MC		✓					MC	✓	
Half Portion Vegan Cheese and Tomato Sauce Panini SEC		✓ Wheat											✓	
Half Portion Vegan Cheese and Bean Toastie Sec		MC Barley ✓ Wheat											✓	
Half Ham Salad Baguette White SEC		MC Barley ✓ Wheat		✓			✓					MC		
Half BLT Baguette White SEC		MC Barley ✓ Wheat		✓			✓					MC		
Half Chicken Mayo Baguette White SEC		MC Barley ✓ Wheat		✓	MC		✓					MC	MC	

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ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Half Cheese and Pickle Baguette White SEC		✓ Barley ✓ Wheat					✓					MC		✓
Half Tuna and Cucumber Baguette SEC		MC Barley ✓ Wheat		✓	✓		✓					MC		✓
Half Vegan Cheese and Pickle Baguette SEC		✓ Barley ✓ Wheat										MC		✓
MIXED SALAD SEC														
GARLIC BREAD HALF PORTION SEC		✓ Wheat												

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CHICKEN & BACON PASTA SALAD SEC		✓ Wheat		✓	MC		MC					MC	MC	
Tuna and Sweetcorn Pasta Salad SEC		✓ Wheat		✓	✓									
LAYERED CHEDDAR CHEESE SHAKER SALAD		✓ Wheat		✓			✓							
Chicken Tikka and Rice Shaker Salad SEC		MC Wheat		MC	MC		✓					MC	MC	
NOODLE AND JERK CHICKEN SHAKER SALAD		✓ Wheat		✓	MC		MC					MC	MC	
Coronation Chicken Salad Sec		MC Wheat		✓	MC		✓					MC	MC	
CHICKEN & BACON PASTA SALAD SEC		✓ Wheat		✓	MC		MC					MC	MC	
Tuna and Sweetcorn Pasta Salad SEC		✓ Wheat		✓	✓									
LAYERED CHEDDAR CHEESE SHAKER SALAD		✓ Wheat		✓			✓							
Chicken Tikka and Rice Shaker Salad SEC		MC Wheat		MC	MC		✓					MC	MC	
NOODLE AND JERK CHICKEN SHAKER SALAD		✓ Wheat		✓	MC		MC					MC	MC	
Coronation Chicken Salad Sec		MC Wheat		✓	MC		✓					MC	MC	

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Mixed Fruit Pot Sec														
Pineapple Pot Sec														
Grape Pot Sec														
Fruit and Strawberry Yoghurt Pot Sec							✓							
Cucumber With Houmous SEC												✓		
Carrot With Houmous SEC												✓		
Watermelon Pot Sec														
Fruit and Cherry Yoghurt Pot Sec							✓							
Crudite With Houmous SEC												✓		
Mixed Fruit Pot Sec														
Pineapple Pot Sec														
Grape Pot Sec														
Fruit and Strawberry Yoghurt Pot Sec							✓							
Cucumber With Houmous SEC												✓		
Carrot With Houmous SEC												✓		
Watermelon Pot Sec														
Fruit and Cherry Yoghurt Pot Sec							✓							
Crudite With Houmous SEC												✓		

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Chocolate Brownies SEC		✓ Wheat		✓										
Iced Sweet Fingers SEC		✓ Wheat										MC		
BAKED DOUGHNUT		✓ Wheat		✓			✓							
Blueberry Muffin SEC		✓ Wheat		✓			✓						MC	
CHOCOLATE CRISPY BAR SEC		✓ Barley					✓							
Sweet Waffle		✓ Wheat		✓			✓						✓	
Shortbread SEC		✓ Wheat												
Mini Victoria Sandwich FFL		✓ Wheat		✓			✓							
Carrot cake with orange cream cheese frosting		✓ Wheat		✓			✓							
ORANGE DRIZZLE MUFFIN SEC		✓ Wheat		✓			✓						MC	
Lemon Drizzle Muffins SEC		✓ Wheat		✓			✓						MC	
Joes Apple Muffin		✓ Wheat		✓			✓						MC	
Raspberry Flapjack Muffin SEC		MC Barley ✓ Oats ✓ Wheat		✓			✓						MC	
OATIE COOKIES SECONDARY		MC Barley ✓ Oats ✓ Wheat												

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Fruit Flapjack SEC	MC	MC Barley MC Kamut ✓ Oats MC Rye MC Spelt MC Wheat					MC		MC	MC	MC Almonds MC Brazil Nuts MC Cashew Nuts MC Hazelnuts MC Macadamia Nuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts	MC	MC	MC
Apple and Blackberry Pie SEC FB		✓ Wheat		✓			✓							
Custard - Fresh milk							✓							
Lemon Drizzle Cake SEC		✓ Wheat		✓										
VANILLA AND BLUEBERRY BLONDIE SEC		✓ Wheat		✓										
APPLE CRACKNELL FB SEC		MC Barley ✓ Oats ✓ Wheat												
Peaches with Homemade Granola and Yoghurt FB		MC Barley ✓ Oats MC Wheat					✓							✓
CREAMY BAKED ORANGE & VANILLA RICE PUDDING SEC							✓							
Apple and Cinnamon Strudel FB		✓ Wheat		✓										

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Carrot & Banana Slice		✓ Wheat		✓										
Frozen Blueberry Yoghurt SEC							✓							
Peach Slice SEC		✓ Wheat		✓										
Banoffee Pie FB		✓ Wheat					✓						MC	
FROZEN STRAWBERRY YOGHURT SEC							✓							
FROZEN MANGO YOGHURT SEC							✓							
Pear Upside Down Cake SEC FB		✓ Wheat		✓										
FRUIT SLICE SEC FB		✓ Wheat		✓										
ICE CREAM BOX CHOCOLATE SEC							✓							
ICE CREAM BOX STRAWBERRY SEC							✓							
ICE CREAM BOX VANILLA SEC							✓							
ICE CREAM BOX RASPBERRY RIPPLE SEC							✓							
RASPBERRY YOGHURT CAKE SEC		✓ Wheat		✓			✓							
BANANA & BERRY COBBLER FB SEC		MC Barley ✓ Oats ✓ Wheat					✓							
CHOCOLATE SLICE FB SEC		✓ Wheat		✓										
BANANA MARBLE CAKE SEC		✓ Wheat		✓										
SECRET BROWNIE SEC		✓ Wheat		✓										

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PEACH SHORTCAKE CRUMBLE FB SEC		✓ Wheat												
SUMMER BERRY & PEACH OATY CRUMBLE FB SEC		MC Barley ✓ Oats ✓ Wheat												
Chocolate Brownies SEC		✓ Wheat		✓										
Iced Sweet Fingers SEC		✓ Wheat										MC		
BAKED DOUGHNUT		✓ Wheat		✓			✓							
Blueberry Muffin SEC		✓ Wheat		✓			✓						MC	
CHOCOLATE CRISPY BAR SEC		✓ Barley					✓							
Sweet Waffle		✓ Wheat		✓			✓						✓	
Shortbread SEC		✓ Wheat												
Mini Victoria Sandwich FFL		✓ Wheat		✓			✓							
Carrot cake with orange cream cheese frosting		✓ Wheat		✓			✓							
ORANGE DRIZZLE MUFFIN SEC		✓ Wheat		✓			✓						MC	
Lemon Drizzle Muffins SEC		✓ Wheat		✓			✓						MC	
Joes Apple Muffin		✓ Wheat		✓			✓						MC	
Raspberry Flapjack Muffin SEC		MC Barley ✓ Oats ✓ Wheat		✓			✓						MC	

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OATIE COOKIES SECONDARY		MC Barley ✓ Oats ✓ Wheat												
Fruit Flapjack SEC	MC	MC Barley MC Kamut ✓ Oats MC Rye MC Spelt MC Wheat					MC		MC	MC	MC Almonds MC Brazil Nuts MC Cashew Nuts MC Hazelnuts MC Macadamia Nuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts	MC	MC	MC
Apple and Blackberry Pie SEC FB		✓ Wheat		✓			✓							
Custard - Fresh milk							✓							
Lemon Drizzle Cake SEC		✓ Wheat		✓										
VANILLA AND BLUEBERRY BLONDIE SEC		✓ Wheat		✓										
APPLE CRACKNELL FB SEC		MC Barley ✓ Oats ✓ Wheat												
Peaches with Homemade Granola and Yoghurt FB		MC Barley ✓ Oats MC Wheat					✓							✓

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CREAMY BAKED ORANGE & VANILLA RICE PUDDING SEC							✓							
Apple and Cinnamon Strudel FB		✓ Wheat		✓										
Carrot & Banana Slice		✓ Wheat		✓										
Frozen Blueberry Yoghurt SEC							✓							
Peach Slice SEC		✓ Wheat		✓										
Banoffee Pie FB		✓ Wheat					✓						MC	
FROZEN STRAWBERRY YOGHURT SEC							✓							
FROZEN MANGO YOGHURT SEC							✓							
Pear Upside Down Cake SEC FB		✓ Wheat		✓										
FRUIT SLICE SEC FB		✓ Wheat		✓										
ICE CREAM BOX CHOCOLATE SEC							✓							
ICE CREAM BOX STRAWBERRY SEC							✓							
ICE CREAM BOX VANILLA SEC							✓							
ICE CREAM BOX RASPBERRY RIPPLE SEC							✓							
RASPBERRY YOGHURT CAKE SEC		✓ Wheat		✓			✓							
BANANA & BERRY COBBLER FB SEC		MC Barley ✓ Oats ✓ Wheat					✓							
CHOCOLATE SLICE FB SEC		✓ Wheat		✓										

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BANANA MARBLE CAKE SEC		✓ Wheat		✓										
SECRET BROWNIE SEC		✓ Wheat		✓										
PEACH SHORTCAKE CRUMBLE FB SEC		✓ Wheat												
SUMMER BERRY & PEACH OATY CRUMBLE FB SEC		MC Barley ✓ Oats ✓ Wheat												

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