

Week 1 Menu

**Social
Kitchen
co.**

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.80)	Tuscan Meatball Pasta & Garlic Bread	Joe De Frango Chicken Slider	Roast Pork, Roast Potatoes, Vegetables & Gravy	Chicken Curry & Rice	Fish & Chips
Meat-Free Main (£1.80)	Eat Curious Tikka Taco 🌱	Macaroni & Cheese V	Quorn Sausage 🌱	Vegetable Chow Mein V	Eat Curious Korma & Rice 🌱
Sweetness (£1.34)	Pineapple Upside Down Sponge & Custard V	Marble Sponge V	Apple Crumble & Custard V	Jam Sponge & Custard V	Chocolate Flapjack V
Concept (£2.21)	Cauliflower Tikka Burrito V Chicken Bangers & Mash Burrito	Jamaican Jerk Chicken Rice Chinese Salt & Chilli Chicken Rice	Lemon & Herb Chicken & Rice Piri Piri 'No Chicken' & Rice V	Beef, Mint Yoghurt Flatbread Falafel, Mint Yoghurt & Tabouleh Mezze V	Half Chicken Tikka Kathi Roll Aloo Kathi Kebab Roll V

Allergies

Please speak to a member of our team if you have an allergy and need to know what is in our food dishes so we can advise on your available choices.

V Vegetarian 🌱 Plant based

Available Daily

Baked potatoes with a range of toppings.
Freshly baked pizza and pasta.
Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals £2.00

Meat or meat-free main with a cookie, jelly or whole fruit.
Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)
Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)
Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)
Simple sandwich/bagquette with a cookie, jelly or whole fruit & water_(500ml)

Week 2 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.80)	Sweet Chilli Chicken Noodles	Beef Lasagne	Roast Gammon	Joe De Frango Chicken & Rice	Fish & Chips
Meat-Free Main (£1.80)	Chickpea Burger & Wedges 🌱	Eat Curious Thai Curry & Rice 🌱	Eat Curious Nasi Goreng Noodles 🍃	Eat Curious Veg Lasagne 🍃	Cheese & Onion Potato Pie 🍃
Sweetness (£1.34)	Banana Bread & Custard 🍃	Chocolate Orange Sponge & Custard 🍃	Cherry Crumble & Custard 🍃	Sticky Toffee Pudding & Custard 🍃	Apple Flapjack 🍃
Concept (£2.21)	Thai Firecracker Chicken Rice Greek Lemon & Herb Chicken Rice	Chilli Con Carne & Rice Vegetarian Chilli & Rice 🍃	Chinese Vegetable Spring Roll Burrito Japanese Style Fish Coconut Katsu Burrito 🍃	Falafel & Tabouleh Mezze 🍃 Chicken & Sweetcorn Meatball Flatbread	Butter Chicken Curry Chickpea Chana Masala 🍃

Allergies

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🍃 Vegetarian 🌱 Plant based

Available Daily

Baked potatoes with a range of toppings.
Freshly baked pizza and pasta.
Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals - £2.00

Meat or meat-free main with a cookie, jelly or whole fruit.
Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)
Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)
Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)
Simple sandwich/bagiette with a cookie, jelly or whole fruit & water_(500ml)

Week 3 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.80)	Sausage & Mash	Spaghetti Bolognese	Roast Chicken	Bacon & Egg Flan	Fish & Chips
Meat-Free Main (£1.80)	BBQ Vegetable Stir Fry 	Eat Curious Tikka & Rice 	Eat Curious Bolognaise & Pasta 	Falafel & Salad Pitas 	Quorn Sausage 
Sweetness (£1.34)	Pear & Coco Sponge & Custard 	Chocolate Sponge & Custard 	Apple & Cinnamon Crumble & Custard 	Lemon Drizzle Cake & Custard 	Carrot Cake Flapjack 
Concept (£2.21)	Piri Piri Chicken Rice Piri Piri No Chicken Rice 	Chicken & Sweetcorn Meatball Flatbread Falafel & Tabouleh Mezze 	Tunisan Style Beef Stew Sweet Potato, Orange & Coconut Curry 	Chinese Vegetable Spring Roll Burrito Japanese Style Fish Coconut Katsu Burrito 	New York Buffalo Chicken Rice Tikka Chicken Rice

Allergies

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 Vegetarian  Plant based

Available Daily

Baked potatoes with a range of toppings.

Freshly baked pizza and pasta.

Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals - £2.00

Meat or meat-free main with a cookie, jelly or whole fruit.

Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)

Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)

Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)

Simple sandwich/baguettes with a cookie, jelly or whole fruit & water_(500ml)