



Week 1 Menu

**Social
Kitchen
co.**

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.75)	Tuscan Meatball Pasta & Garlic Bread	Chilli Con Carne & Rice	Roast Pork, Roast Potatoes, Vegetables & Gravy	Chicken Curry & Rice	Fish & Chips
Meat-Free Main (£1.75)	Eat Curious Vegetarian Chilli & Rice 	Macaroni & Cheese 	Eat Curious Tikka Taco 	Quorn Sausage & Mash 	Eat Curious Korma & Rice 
Sweetness (£1.30)	Fruit Banana Bread & Custard 	Apple Crumble & Custard 	Oaty Fruit Crunch 	Large Banana Skin Muffin 	Rhubarb Crumble & Custard 
Concept (£2.15)	Cauliflower Tikka Burrito  Chicken Bangers & Mash Burrito	Jamaican Jerk Chicken Rice Chinese Salt & Chilli Chicken Rice	Lemon & Herb Chicken & Rice Piri Piri 'No Chicken' & Rice 	Beef, Mint Yoghurt Flatbread Falafel, Mint Yoghurt & Tabouleh Mezze 	Half Chicken Tikka Kathi Roll Aloo Kathi Kebab Roll 

Allergies

Please speak to a member of our team if you have an allergy and need to know what is in our food dishes so we can advise on your available choices.

 Vegetarian  Plant based

Available Daily

Baked potatoes with a range of toppings.

Freshly baked pizza and pasta.

Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals - £1.95

Meat or meat-free main with a cookie, jelly or whole fruit.

Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)

Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)

Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)

Simple sandwich/baguettes with a cookie, jelly or whole fruit & water_(500ml)

Week 2 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.75)	Yorkshire Chicken Sausage & Mash	Hong Kong Chow-Chow Chicken & Rice	Roast Gammon, Mash, Vegetables & Gravy	Beef Lasagne & Salad	Fish & Chips
Meat-Free Main (£1.75)	Chickpea Burger & Wedges 🌱	Vegetable Lasagne & Salad V	Nasi Goreng Noodles V	Eat Curious Thai Curry & Rice 🌱	Spinach & Tomato Tart & Salad V
Sweetness (£1.30)	Marmalade & Ginger Sponge & Custard V	Butternut Squash Peel Muffin V	Sticky Toffee Pudding & Custard V	Carrot Peel & Sultana Flapjack V	Banana Bread & Custard V
Concept (£2.15)	Thai Firecracker Chicken Rice Greek Lemon & Herb Chicken Rice	Chilli Con Carne & Rice Vegetarian Chilli & Rice V	Chinese Vegetable Spring Roll Burrito Japanese Style Fish Coconut Katsu Burrito V	Falafel & Tabouleh Mezze V Chicken & Sweetcorn Meatball Flatbread	Butter Chicken Curry Chickpea Chana Masala V

Allergies

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V Vegetarian 🌱 Plant based

Available Daily

Baked potatoes with a range of toppings.

Freshly baked pizza and pasta.

Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals - £1.95

Meat or meat-free main with a cookie, jelly or whole fruit.

Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)

Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)

Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)

Simple sandwich/bagiette with a cookie, jelly or whole fruit & water_(500ml)



Week 3 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main (£1.75)	Chicken Burrito & Nachos	Burger & Baked Skin On Fries	Chicken & Stuffing, Roast Potatoes, Vegetables & Gravy	Cottage Pie	Fish & Chips
Meat-Free Main (£1.75)	Eat Curious Vegetable Burrito & Nachos 	Eat Curious Tikka & Rice 	Eat Curious Vegetable Cottage Pie 	Potato, Leek & Cheddar Slice 	Eat Curious Bolognaise & Pasta 
Sweetness (£1.30)	Jam & Coconut Sponge & Custard 	Banana Bread & Custard 	Apple & Date Crumble & Custard 	Carrot Peel & Sultana Flapjack 	Coconut Rice Pudding & Fruit Jam 
Concept (£2.15)	Piri Piri Chicken Rice Piri Piri No Chicken Rice 	Chicken & Sweetcorn Meatball Flatbread Falafel & Tabouleh Mezze 	Tunisan Style Beef Stew Sweet Potato, Orange & Coconut Curry 	Chinese Vegetable Spring Roll Burrito Japanese Style Fish Coconut Katsu Burrito 	New York Buffalo Chicken Rice Tikka Chicken Rice

Allergies

Please speak to a member of our team if you have an allergy and need to know what is in our food dishes so we can advise on your available choices.

 Vegetarian  Plant based

Available Daily

Baked potatoes with a range of toppings.

Freshly baked pizza and pasta.

Freshly made baguettes, sandwiches, wraps and salads.

Meal Deals - £1.95

Meat or meat-free main with a cookie, jelly or whole fruit.

Jacket potato & 1 filling with a cookie, jelly or whole fruit & water_(500ml)

Pasta & sauce with a cookie, jelly or whole fruit & water_(500ml)

Margherita pizza with a cookie, jelly or whole fruit & water_(500ml)

Simple sandwich/bagiette with a cookie, jelly or whole fruit & water_(500ml)