

# THIS WEEK'S Eats.

Week One

FOOD UNION  
BY CHARTWELLS

## MAIN One

## EVERYDAY faves!



### Jackets

### Pizza & Pasta

### Hot Snacks & Paninis

### Subs

### Salad

### Sandwiches

MON

Beef Burger or Incredible Vegan Burger ✓  
with Tasty Wedges & Sweetcorn

Cheese, Beans or Tuna Mayonnaise Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad  
Tuna & Sweetcorn Pasta Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

TUE

Sweet & Sour Chicken with Rice or Vegetable Chow Mein ✓  
with Sweet Chilli Broccoli

Cheese, Beans or Tuna Mayonnaise Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Sausage Roll  
Steak Pasty  
Cheese & Onion Pasty ✓

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad  
Tuna & Sweetcorn Pasta Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

WED

Roast Turkey or Quorn Roast ✓  
with Roast Potatoes, Peas, Sweetcorn & Gravy

Cheese, Beans or Tuna Mayonnaise Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad  
Tuna & Sweetcorn Pasta Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

THU

Chicken Korma with Rice or Vegetable Biryani ✓  
with Sweetcorn

Cheese, Beans or Tuna Mayonnaise Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad  
Tuna & Sweetcorn Pasta Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

FRI

Battered Fish or Vegan Sausage Roll ✓  
with Chips, Peas or Beans

Cheese, Beans or Tuna Mayonnaise Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Toastie  
Chicken Strips

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad  
Tuna & Sweetcorn Pasta Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

GRAB A Deal!

FOR JUST

# THIS WEEK'S Eats.

Week Two

FOOD UNION  
BY CHARTWELLS

## MAIN One

## EVERYDAY faves!



### Jackets

### Pizza & Pasta

### Hot Snacks & Paninis

### Subs

### Salad

### Sandwiches

**MON**

Topped Mac N Cheese  
with Sweetcorn

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Ham & Cheese Panini  
Ham & Cheese Toastie  
BBQ Chicken Panini

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

**TUE**

Traditional Lasagne or  
Veggie Marinara Pasta ✓  
  
with Garlic & Herb  
Wedges & Peas

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

**WED**

Roast Turkey with Stuffing  
or Quorn Roast ✓  
  
with Roast Potatoes,  
Peas, Sweetcorn &  
Gravy

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

**THU**

Chicken Tikka with Rice  
or Vegetable Biryani ✓  
  
with Sweetcorn

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

**FRI**

Battered Fish or Vegan  
Sausage Roll ✓  
  
with Chips, Peas or  
Beans

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Toastie  
Chicken Strips

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

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FOR JUST



# THIS WEEK'S Eats.

Week Three

FOOD UNION  
BY CHARTWELLS

## MAIN One

## EVERYDAY faves!



### Jackets

### Pizza & Pasta

### Hot Snacks & Paninis

### Subs

### Salad

### Sandwiches

MON

Chicken Chow Mein or  
Vegetable Chow Mein  
✓  
with Sweetcorn

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

TUE

Pasta Bolognese or  
Incredible Vegan Burger  
with Wedges ✓  
with Sweetcorn

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

WED

Roast Turkey with Stuffing  
or Quorn Roast ✓  
with Roast Potatoes,  
Peas, Sweetcorn and  
Gravy

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

THU

Chicken Korma with Rice  
or Vegetable Biryani ✓  
with Sweetcorn

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Panini  
BBQ Chicken Panini  
Tuna Melt Panini

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

FRI

Battered Fish or Vegan  
Sausage Roll ✓  
with Chips, Peas or  
Beans

Cheese, Beans or  
Tuna Mayonnaise  
Toppings

Margherita Pizza ✓  
Herby Tomato Pasta ✓  
Beef Bolognese Pasta

Cheese Panini ✓  
Ham & Cheese Toastie  
Chicken Strips

Veggie Marinara Sub ✓  
Chicken Tikka Sub  
Ham & Chicken Melt Sub

Chicken & Bacon Pasta  
Salad  
Tuna & Sweetcorn Pasta  
Salad

Cheese Sandwich ✓  
Ham Sandwich  
Chicken Mayonnaise Sandwich  
Ham Salad Baguette  
BLT Baguette  
Tuna Mayonnaise Baguette

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