













WEEK ONE MENU



Scan to find out what your eating

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Ham & Mushroom Carbonara with Vegetables	Chilli Con Carne & Rice with Vegetables	Roast Pork with Apple Sauce , Roast Potatoes, Vegetables & Gravy	Chicken Curry & Rice with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Vegetarian Chilli & Rice with Vegetables 	Mac N Cheese with Garlic Bread and Side Salad 	Soft Butternut Squash & Feta Taco with Side Salad 	Quorn Sausage & Mash with Vegetables 	Vegetable Balti & Rice 
Sweetness £1.20	50% Banana Bread & Custard	50% Apple Crumble & Custard	50% Oaty Fruit Crunch	Banana Skin Muffin	Chefs Choice
Concept £2.00	Piri Piri Chicken Pitta	Falafel & Tabouleh Mezze 	Piri Piri Chicken Pitta	Falafel & Tabouleh Mezze 	Piri Piri Chicken Pitta
Bowl & Co From £1.75	Tomato & Basil Pasta 	Cheese Pasta 	Tomato & Basil Pasta 	Cheese Pasta 	Tomato & Basil Pasta 

ALLERGIES

Please speak to a member of our team if you have an allergy and need to know what's in our food dishes so we can advise on your available choices.

 – Vegetarian  – Plant Based

AVAILABLE DAILY

Baked Potatoes with a range of toppings.

Freshly Made Baguettes, Sandwiches, Wraps and Salads.

MEAL DEALS £1.80

Meat or Meat Free Main & Cookie or Jelly or Piece of Fruit

Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80

Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water

WEEK TWO MENU

SCAN ME



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Sausage & Mash with Vegetables	Hong Kong Chow Chow Chicken with Vegetables	Roast Gammon, Roast Potatoes, Vegetables & Gravy	Chilli Beef Wedges with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Spiced Chickpea Burger with Side Salad ✓	Southern Fried Quorn Fillet with Vegetables ✓	Vegetable Chow Mein with Vegetables ✓	Chana Masala & Rice with Vegetables 🌱	Spinach & Tomato Tart with Chips ✓
Sweetness £1.20	50% Pineapple Upside Down Cake with Custard	Butternut Squash Muffin	Sticky Toffee Pudding	Carrot Peel & Sultana Flapjack	Chefs Choice
Concept £2.00	Bolognaise and Garlic Bread Burrito or Cauliflower Tikka Burrito ✓	Plant Based Mince Taco or Chicken Taco 🌱	Sausage & Mash Burrito or Chinese Vegetable Spring Roll Burrito ✓	Soft Butternut Squash & Feta Taco ✓ or Chicken Taco	Bolognaise and Garlic Bread Burrito or Cauliflower Tikka Burrito ✓
Bowl & Co From £1.75	Tomato & Basil Pasta ✓	Cheese Pasta ✓	Tomato & Basil Pasta ✓	Cheese Pasta ✓	Tomato & Basil Pasta ✓

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Freshly Made Baguettes, Sandwiches, Wraps and Salads.

MEAL DEALS £1.80

Meat or Meat Free Main & Cookie or Jelly or Piece of Fruit

Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80
















Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water

WEEK THREE MENU

SCAN ME



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Toad in the Hole with Vegetables	Chicken Burrito with Wedges and Side Salad	Roast Chicken, Roast Potatoes, Vegetables & Gravy	Cottage Pie with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Jambalaya & Garlic Flatbread with Vegetables 	Vegetable Burrito with Wedges and Side Salad 	Vegetable Cottage Pie with Vegetables 	Potato, Leek & Cheddar Slice with Vegetables 	Vegetarian Bolognese 
Sweetness £1.20	Jam & Coconut Sponge & Custard	50% Banana Bread & Custard	50% Apple Cinnamon & Date Crumble & Custard	Carrot Peel & Sultana Flapjack	Chefs Choice
Concept £2.00	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry 	Chicken Tikka Kalhi Roll or Aloo Kathi Kebab Roll 	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry 	Chicken Tikka Kalhi Roll or Aloo Kathi Kebab Roll 	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry 
Bowl & Co From £1.75	Tomato & Basil Pasta 	Cheese Pasta 	Tomato & Basil Pasta 	Cheese Pasta 	Tomato & Basil Pasta 

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Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80

Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water